



Pioneer League



Early Pioneer Spacecraft

High School Girls Swimming 2009 ALL-LEAGUE TEAM

Pioneer League Most Valuable Swimmer: **Kelsey Cummings, So, El Segundo HS**
Championship Co-High Point Winners: **Cummings and Courtney Rava, Jr, ESHS**
Most Outstanding Freshman: **Aleya Spielman, Fr, Santa Monica HS**

200-Yard Medley Relay

**El Segundo HS (Julianne Allison, Jr, Colette Gulick, So, Kelsey Cummings, So, Courtney Rava, Jr),
1:55.64**

200-Yard Freestyle

Courtney Rava, Jr, El Segundo HS, 2:01.03

200-Yard Individual Medley

Natsumi Kamagai, Fr, Torrance HS, 2:24.40

50-Yard Freestyle

Daniella Cordoba, Sr, Culver City HS, :26.43

100-Yard Butterfly

Tessa Franke, So, Santa Monica HS, :59.04

100-Yard Freestyle

Kelly de Leon, Sr, Torrance HS, :57.23

500-Yard Freestyle

Kelsey Cummings, So, El Segundo HS, 4:54.89 @3rd CIF & MASTERS **

200-Yard Free Relay

**Torrance HS (Jessica Bruno, Jr, Ariel Carrillo, So, Natsumi Kamagai, Fr, Kelly de Leon, Sr), 1:47.41
(Alternates: Vanessa Gregory, Jr, Chloe Rodriguez, Sr)**

100-Yard Backstroke

Julianne Allison, Jr, El Segundo HS, 1:01.54

100-Yard Breaststroke

Colette Gulick, So, El Segundo HS, 1:10.49

400-Yard Free Relay

**El Segundo HS (Kelsey Cummings, So, Courtney Rava, Jr, Colette Gulick, So, Julianne Allison, Jr),
3:43.32**

Coach of the Year: **Scott Peppard, Torrance**