



Bay League



High School Girls Swimming 2012 ALL-LEAGUE TEAM

Bay League Most Valuable Swimmer: **Tiffany Liu, Fr, West Torrance HS**
Championship Meet Co-High Point Winners: **Aiello, Mira Costa, and Liu, West Torrance**
Most Outstanding Freshman: **Elle Inscore, Redondo Union**

200-Yard Medley Relay

Peninsula HS (Megan Hung, Jr, Isabel Irawan, So, Isabella Mistry, So, Courtney Schmidt, Fr), 1:55.12

200-Yard Freestyle

Tiffany Liu, Fr, West Torrance HS, 1:52.74

200-Yard Individual Medley

Annie Wang, Fr, Peninsula HS, 2:17.03

50-Yard Freestyle

Elle Inscore, Fr, Redondo Union HS, :24.31

1-Meter Diving

Jacqueline Suitt, Sr, Peninsula HS, 384.1 points

100-Yard Butterfly

Akemi Aiello, Jr, Mira Costa HS, :59.81

100-Yard Freestyle

Natalie Lavinsky, Sr, Mira Costa HS, :53.21

500-Yard Freestyle

Leslie Kurt, Jr, Peninsula HS, 5:15.37

200-Yard Free Relay

**Mira Costa HS (Akemi Aiello, Jr, Guilianna Franco, So, Natalie Lavinsky, Sr, Meriel Mitsakos, Jr);
(Alternate: Kjahna O, So), 1:41.83**

100-Yard Backstroke

Macielle Osterling, Jr, Mira Costa HS, 1:02.41

100-Yard Breaststroke

Christina Ngo, Fr, West Torrance HS, 1:08.94

400-Yard Free Relay

Mira Costa HS (Macielle Osterling, Jr, Akemi Aiello, Jr, Meriel Mitsakos, Jr, Natalie Lavinsky, Sr) 3:39.49

Co-Coaches of the Year: **Brian Helmrich & Ali Isham, League Champion Peninsula**