



# Bay League



## High School Boys Swimming 2007 ALL-LEAGUE TEAM

Bay League Most Valuable Swimmer: **Chris Grafton, Sr, Redondo Union High School**

League Championship Meet High Point Winner: **Kevin Silberman, So, Mira Costa HS**

200-Yard Medley Relay

**Palos Verdes HS (Cooper Hart, Jr, Brian Matuk, Jr, Chris Shoemaker, Sr, John Wilkins, Jr),  
1:38.34\***

200-Yard Freestyle

**Kevin Silberman, So, MCHS, 1:44.20**

200-Yard Individual Medley

**Josh Ngo, Sr, RUHS, 2:02.61**

50-Yard Freestyle

**Chris Grafton, Sr, RUHS, :21.47\***

100-Yard Butterfly

**Chris Shoemaker, Sr, PVHS, :51.02@\*\***

100-Yard Freestyle

**John Wilkins, Jr, PVHS, :48.49**

500-Yard Freestyle

**Nick Timko, Jr, RUHS, 4:44.24**

200-Yard Free Relay

**Palos Verdes HS (Michael Camp, Jr, Michael Katzer, Jr, Donnie Briggs, Jr, Cooper Hart, Jr), 1:30.00**

100-Yard Backstroke

**Kai Shimizu, Sr, Peninsula HS, :55.35**

100-Yard Breaststroke

**Brandon Kang, Sr, Peninsula HS, 1:00.49**

400-Yard Free Relay

**Palos Verdes HS (Cooper Hart, Jr, Michael Camp, Jr, Chris Shoemaker, Sr, John Wilkins, Jr), 3:15.39**

Co-Coaches of the Year: **Eric Agnew, Palos Verdes and Mark Rubke, Redondo**